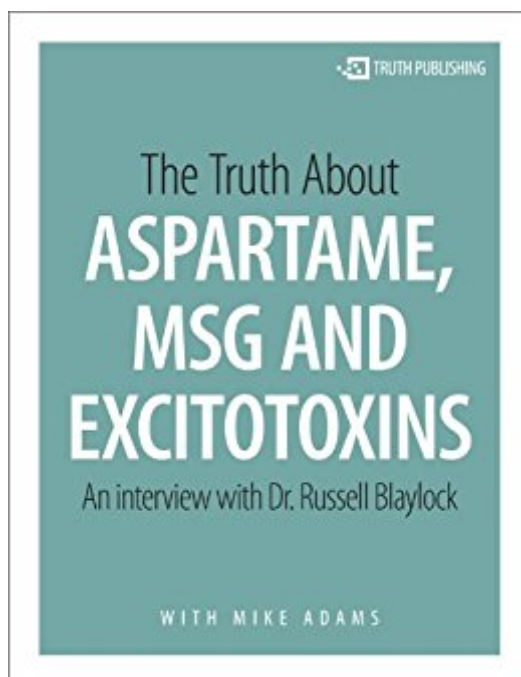


The book was found

# The Truth About Aspartame, MSG And Excitotoxins



## Synopsis

Were you aware that the food companies add chemicals to their products that stimulate hunger and disrupt normal appetite control? It's a clever (but downright devious) strategy for selling more food and boosting the profits of food corporations. But the truth about these chemicals -- known as excitotoxins -- is never explained to consumers. The food companies don't want you to know that these chemicals cause obesity, infertility, migraines and cancer, among other health problems.

## Book Information

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## Customer Reviews

After reading this interview, I still have a lot of questions. The interview touched on the topics, but did not give enough detail to answer questions that came up in my own mind. This did help in the beginning of my research on the topic, and I now have more of a focal point to continue researching about excitotoxins. For the price, it was not a bad. At the end though, you are given information on how to join the club to receive more info on topics, by the same guy, for a fee.

Oh my I really really am so glad I found this book. Been researching aspartame 'disease' and

stumbled across this great lil find. Had no Idea MSG & soy derivatives were sooooo nasty. Gotta get my toddler off soy milk for sure!!! Lots of eye opening info. I work in a lab so I am naturally skeptical of research findings.....of government commissions, and certainly the FDA & the pharmaceutical Industry but I see the whole mega food industry in the a new way that scares me for all of our future generations.....Great job and Im sure I will be reading this from cover to cover again in the next week or two just to give this info more opportunity to "soak" in to my aspartame, msg corrupted brain. Thanks & thanks to Dr. Blaylock!!

Ok. I'm convinced. I'm never drinking anything diet again! I've had the same bag of Splenda now for about three years since reading this book. I had no idea how poisonous these ingredients were! I'm so glad I read this book. I feel like I've saved my family from future health issues.

This is an eye opener and everyone should read it. Dr Blaylock had been pilloried for his views on immunization but this discussion pf the effect of glutamates on the body is fascinating anc scary. I will read the whole book soon.

I learned quite a lot with this small book. Eating organic from now on.

I needed to know about Aspartame. I got great information - I just need to know if Aspartame has a hand in causing eczema. I will have to do more research.

very informative, and it will only encourage you to delve further in to the science of excitotoxins. I for one did not realize what kind of creepy stuff is in our food until I started reading articles by Mike Adams. thank you! more journalists need to be like him.

Read this if you'd like to know what foods and drink can ruin your brain an d your health. Dr. Blaylock is a fountain of information and isn't afraid to stand up to big food business. Must read!

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Eat Safe: The Truth about Additives from Aspartame to Xanthan Gum  
Excitotoxins: The Taste That Kills  
Entropy: The Truth, the Whole Truth, and Nothing But the Truth  
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